

May- Millburn Breakfast Menu

FREE MEALS
To All Children
18 and Under

Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

Arbor Management

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Menu changes are occasionally necessary. Notice will be given when possible.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 May 7, 2021					1	2
					Cinni Mini Juice 1% or Skim Milk	Cereal Bowl Juice 1% or Skim Milk
3	4	5	6	7	8	9
Mini Waffles Fruit Selection 1% or Skim Milk	Berry Bread Fruit Selection 1% or Skim Milk	Fruit Yogurt Graham Bears Fruit Selection 1% or Skim Milk	Cream Cheese Bagel Fruit Selection 1% or Skim Milk	Blueberry Muffin Fruit Selection 1% or Skim Milk	Cereal Bowl Juice 1% or Skim Milk	Mini Chocolate Donuts Juice 1% or Skim Milk
10	11	12	13	14	15	16
Apple Frudel Fruit Selection 1% or Skim Milk	Strawberry Oatmeal Bar Fruit Selection 1% or Skim Milk	Hard Boiled Egg Graham Bears Fruit Selection 1% or Skim Milk	Whole Grain Mini Powdered Donuts Fruit Selection 1% or Skim Milk	Cereal Bowl Fruit Selection 1% or Skim Milk	Cereal Bar Juice 1% or Skim milk	Honey Bun Juice 1% or Skim Milk
17	18	19	20	21	22	23
Mini Pancakes Fruit Selection 1% or Skim Milk	Banana Bar Fruit Selection 1% or Skim Milk	Fruit Yogurt Graham Bears Fruit Selection 1% or Skim Milk	Banana Bread Fruit Selection 1% or Skim Milk	Blueberry Muffin Fruit Selection 1% or Skim Milk	Cereal Bowl Juice 1% or Skim Milk	Mini Powdered Sugar Donuts Juice 1% or Skim Milk
24	25	26	27	28	29	30
Strawberry Pop-Tart Fruit Selection 1% or Skim Milk	Cinni Mini Fruit Selection 1% or Skim Milk	Hard Boiled Egg Graham Bears Fruit Selection 1% or Skim Milk	Apple Oatmeal Bar Fruit Selection 1% or Skim Milk	Cereal Bowl Fruit Selection 1% or Skim Milk	Cinni Mini Juice 1% or Skim Milk	Cereal Bowl Juice 1% or Skim Milk
31 No School	25	26	27	28	29	30
Mini Waffles Fruit Selection 1% or Skim Milk						

